



Learning
is Good
for Life!!

Fall 2022 Course Book

Program of Virtual and In-Person Classes

Revised 9/27/2022

Monday Sept. 12 – Friday Nov. 18, 2022

Kickoff Meeting Sunday Sept. 11 @ 2 PM

East Stroudsburg Presbyterian Church Pavilion

In the event of inclement weather, the meeting will move indoors.

Exercise your mind with life-enriching experiences

TOALC is a 501(c)(3) not-for-profit

The mission of TOALC is to provide a broad variety of educational opportunities for older adult enrollees to explore ideas, expand knowledge, participate in intellectual discussion, enjoy social interaction, and attend cultural events. (TOALC Bylaws, Article II)

The Older Adult Learning Community
(at: East Stroudsburg Presbyterian Church)
55 Smith St.
East Stroudsburg, PA 18301

570-422-7810 or info@theoalc.org
Website: www.theoalc.org

TOALC Fall 2022 – Additions/Corrections in **RED**

Location and hours

- The TOALC office and classrooms are at 55 Smith St., East Stroudsburg, PA 18301.
- The office is open from 9:30 – 11:30 weekdays. Our phone is 570-422-7810. Email: info@theoalc.org.
- Classes listed as “in person” are held indoors at TOALC unless otherwise indicated.

Registration

- You’ll find the registration form on page 15. Mail it to our address on the form **OR**
- Register online at our website’s **Courses** page at <https://www.theoalc.org/catalog>.
- Please list the courses you want using the two or three-letter code that precedes the course title.
- Register by **Sept. 7** so we can add you to class rosters and get you any needed class information.

Membership Payments: One Semester or an Entire Year



- A membership entitles you to register for an unlimited number of classes in a given semester.
- Starting this fall, buy memberships for **one** semester (**\$45**) or an **entire year** (**\$135** for 3 semesters).
- Mail payment with the registration form **OR** pay online at our website **Membership** page at <https://www.theoalc.org/membership>. The page accepts credit cards or a promise to mail in a check.
- Class leaders and volunteers for TOALC in the last semester receive a free one-semester membership.
- Request a membership refund or credit for the next semester from the TOALC office if you decide not to register for any classes or if for any reason, you attend **none** of the classes for which you registered.

Health and Safety

- TOALC will follow **CDC and PA State Dept. of Health guidelines**. As in the past, should changes become necessary to our program, the health and safety of our membership will be our primary concern.
- Kindly park in the lower lot when at the church. Then members with mobility challenges can park on the upper driveway and avoid the stairs.
- No parking in/near the circle in front of the church. You may block a driver’s view of other drivers.
- Let us know if another member is injured, ill, etc. so we can reach out to members and their families.

Class Delivery Options

- Classes are held in person (both indoor and outdoor), remotely on Zoom, and by email.
- Zoom meeting invitations will be emailed two weeks ahead. Do not post or share the links with anyone.
- See **Zoom Video Conferencing FAQ Sheet** on the TOALC website at <https://www.theoalc.org/catalog>.

Class Attendance

- TOALC will be **open** and **will** hold class on Columbus Day (Oct. 10) and Veterans Day (Nov. 11).
- If dropping a class, tell the class leader or the TOALC office. Someone may be waiting for an open seat.
- The class leader will notify you directly if a class is cancelled.
- Please arrive at class on time. Sign into Zoom meetings 10 minutes early to handle any technical snags.
- Do not record Zoom meetings. We will not record any Zoom meeting without prior notice.
- Books and any other required materials are not available from TOALC unless indicated in course listing.

Please consider making a donation. TOALC is a 501(c)(3) and all contributions are tax-deductible and will be acknowledged. Make donations by mail (see our address above) or at <https://www.theoalc.org/donate>.

Loaner computers and registration fee scholarships are available. Contact TOALC office. (See top of page.)
The Registration Form is on page 15.

FALL CLASSES

MONDAY

VT. Virtual Travel Videos

Mon. Sept 12 – Sept 19 via email. As we head into the colder weather and the holiday season, take some time out to relax and have some fun with virtual travel! From riding on the Orient Express to exploring the Amazon Rainforest, we'll experience some unique places around the world by viewing short YouTube videos. **Leader: Melodie Schwarz-Higgins.**

PW. Postwar Film Series

Mon. 9:30 to 12:00 - Sept 12 to Nov 14 in person.

10 films about the postwar era and its grim and historic events. **Leader: Bob Brunet**

BF. Ballet for Seniors

Mon. 10:00 to 11:00 – Sept 12 to Nov 14 in person at Castle Inn, 20 Delaware Ave, Delaware Water Gap, PA. A low-impact class for men & women who love to dance. Stretching, mild cardio, excellent for posture. Wear leotards or leggings, loose top, ballet slippers or socks. **Leader: Diane Verdi**

TM. “The Merch” for the Common Person

Mon. 10:00 to 12:00 – Sept 19 to Oct 3 in person. A look at Shakespeare's Merchant of Venice. Three 2-hour sessions: reading & discussion at first two classes, see video of play at the last session. **Estimated cost: Under \$10. Leader: Michael Wetmore**

RL. Reading Like a Writer

Mon. 10:00 to 12:00 – Oct 3 to Oct 24 via Zoom. Learning to write involves learning to read as a writer. We will read Nadine Gordimer's *Burger's Daughter* and discuss the book's application to the participants' writing. Please read the novel before the class begins. **Leader: Deborah Emin Max: 8**

CS. Chair-Supported Exercise

Mon. 12:00 to 12:45 – Sept 12 to Nov 14 via Zoom. No class 9/26 or 10/10. This 45 min class, with a chair for support, will energize the body and mind through low or no impact, strengthening and stretching movements plus cardio endurance. Work your heart, muscles and mind in this class perhaps while playing some of your favorite upbeat music at home. This class is safe for most levels of fitness ability. Must be able to get up from and down to the chair. **Leader: Hope Fisher**

TH. Transplanting Houseplants

Mon. 1:00 to 3:00 – Sept 12 (one day only) in person. Learn the proper way to transplant houseplants. You will need to bring your own pot one size larger the present pot. Pottery soil will be provided. **Leader: Patrick Shevlin Max: 10**

LA. Liberalism and Its Discontents

Mon. 1:30 to 3:30 – Sept 12 to Nov 14 in person. Every society depends on a belief system based on values that establish behavioral norms, legitimize a distribution of power, and dictate who rules, and how. For some 400 years, the predominant belief system for western – and recently for many eastern countries as well – has been classical liberalism. However, a changing world and evolving challenges – some the result of liberalism itself – have led to factions that question the validity and effectiveness of liberalism. Discontents on both the right and the left challenge the validity and consequent socio-political order that liberalism has established. The result is extreme polarization and the prospect of instability. We examine these challenges in this session. Class attendees should purchase the book, *Liberalism and Its Discontents* by Francis Fukuyama (2022). **Leader: Dr. Merlyn Clarke**

SC. Scrabble

Mon. 1:30 to 3:30 – Sept 12 to Nov 14 in person. Let's play SCRABBLE! **Leader: Mike Wetmore**

SA. Stack & Whack Quilt

Mon. 2:00 to 4:00 – Sept 12 to Nov 14 in person. Must have a sewing machine and some prior sewing experience. This two-fabric pattern uses a multi-color large print fabric with a broad repeat and a background fabric. Purchase your own supplies. Leader will contact each registrant before the class with a list of needed supplies & tools and schedule a group shopping trip for those interested. **Leader: Susan Houcek Max: 8**

TUESDAY

IP. Invasive Plants, Animals and Insects in Pennsylvania Considered Through a World History Lens

Tues. 9:30 to 11:00 – Oct 18 to Oct 25 via Zoom. Session 1- Invasive Japanese Plants in Monroe County in World History Perspective. Session 2- Invasive Animals and Insects in Pennsylvania Seen Through a World History Lens. **Leader: Tom Mounkhal**

CW. Creative Writing to Publish

Tues. 9:30 to 11:30 – Sept 13 to Nov 15 via Zoom. Begins with a 15-minute writing assignment followed by a presentation or discussion of effective creative writing techniques, led by a class member or a guest speaker. Participants will share writing from prompts or independent projects for constructive critique. **Contact: C. Fancher or J. Vagliardo. Max: 12**

ZW. Zoom Whiteboards and Other New Features

Tues. 10 to 12:00 - Sept 20 (one day only) in person. The new Zoom whiteboard will delight meeting hosts and presenters. It can be created and shared outside meetings. It also enables collaborative brainstorming. **Leader: Greg Nulle**

BO. Book of Revelation

Tues. 1 to 2:30 - Sept 13 to Nov 15 in person. The Biblical Canon's final book has generated much controversy. Some avoid it or approach warily. Others embrace it or mass market it into a billion-dollar industry. What is the Book of Revelation and what is its significance for us? We will study four major interpretative views, along with a historical overview of the use and misuse of Revelation. **Leader: Rev. Dr. Jeffrey Weber**

TW. Tuesdays with Morrie

Tues. 1:30 to 2:30 - Sept 13 to Nov 15 in person. Join Mitch Albom in his worldwide No.1 bestseller *Tuesdays with Morrie* as he explores the themes he and his old professor spoke about as Morrie was dying from ALS, and how they relate to leading a better life. Listen to Albom's free Tuesday podcast on your own at <https://www.mitchalbom.com/tuesday-people/> and share your thoughts with the class. **Leader: Mel Rosenthal Max: 17**

GS. Garden Showcase

Tues. 1:30 to 3:30 – Sept 13 to Sept 27 in person. A continuation of the summer semester's "Shopping for Plants" class, but now showing off what you created with the plants you purchased last summer. Invite the class to your home gardens to see the results of your labors. **Leader: Patrick Shevlin**

VA. Verdi and Politics

Tues. 1:30 to 3:30 - Oct 4 to Oct 25 in person. A look at a few of Verdi's early operas and how they were influenced by the politics of the time. Verdi was a supporter of the Risorgimento – the unification of Italy. **Leader: Suzanne Pynch**

YF. Yoga for Seniors

Tues. 2:30 to 3:30 - Sept 13 to Nov 15 in person. Traditional floor-based yoga, geared for seniors, to reduce stress, increase flexibility and energy. Yoga helps osteoarthritis, spinal stenosis, balance and many other conditions. This is not chair yoga – you must be able to get up from and down to the floor without assistance. Bring your own mat, available in many stores and online. Wear comfortable clothes and expect wonderful changes in both your body and mind. A one-time \$5 fee to help cover instructor's insurance. **Leader: Mel Rosenthal Max: 22**

GM. Gabriel Marcel

Tues. 3:15 to 4:15 – Oct 4 to Oct 25 in person. Discuss the 20th-century existentialist philosopher Marcel and his seminal work, *Man Against Mass Society*. **Leader: Dr. Tim Connolly**

WEDNESDAY

TC. Tai Chi for Everyone

Wed. 8:30 to 10:30 - Sept 21 to Nov 9, In person at Bryant Park, 717 Bryant St., Stroudsburg. Refresh your Tai Chi, the ancient Chinese exercise that promotes calmness of mind, physical grace, and overall good health. Described as meditation in motion, Tai Chi movements are gentle. Continue your practice to develop strength, balance, and an alert but peaceful mind. **Leader: Dr. James J. Vagliardo Max: 25**

PC. Photography Club

Wed. 9:00 to 11:00 – Sept 14 to Nov 16 in person. The club meetings will present an opportunity to learn basic camera skills as well as more advanced skills. Class lectures and discussions will guide students while field trips will be an opportunity to practice the techniques learned. **Leader: Eric Goins**

TP. The Psyche and the Cosmos

Wed. 10:00 - 11:30 Sept 14 to Nov 16 at Unitarian Universalist Fellowship of the Poconos (UUF), 118 Knight St, Stroudsburg. Both in person and via Zoom. The recent launch of the James Webb telescope has suddenly expanded our ability to observe the universe exponentially. What secrets will the Webb reveal? What new solar systems and planets will be discovered? Will new forms of life be found? What new mysteries will emerge from new discoveries? How may our neurological limitations prevent a complete understanding of the universe that surrounds us? Can technologies such as the Webb telescope and artificial intelligence bridge the abyss between human intelligence and nature - the ultimate goal of science? Join a discussion seeking answers to these questions that scientists from many disciplines will address for many years to come. **Leader: Ken LeSure Max: 20**

AT. Assistive Technologies for Seniors and the Disabled

Wed. 10:00 to 12:00 – Sept 28 (one day only) in person at Western Pocono Community Library, 131 Pilgrim Way, Brodheadsville, PA. The PA Assistive Technology Foundation (PATF) is a statewide not-for-profit that helps people with disabilities and older Pennsylvanians get assistive technology. It may be a wheelchair, a hearing aid, or something unusual like a fence so an autistic child can play safely outside. Assistive technology enables people to live independently, go to work and school, communicate, play, and be active in their communities. The PATF works 1-on-1 with people to identify and navigate funding resources for the devices they want and need and offers low-interest or zero-interest loans. These devices will make a real difference in their lives. **Facilitator: Greg Nulle**

OO. Be My Eyes

Wed. 10:00 to 12:00 – Oct 19 (one day only) in person at Western Pocono Community Library, 131 Pilgrim Way, Brodheadsville, PA. “Be My Eyes” is an app that assists visually impaired individuals to live more independent lives. Not only visually impaired people can benefit from this app, but also volunteers who can contribute a relatively short time to answer a quick phone call which significantly impacts others’ lives. People who have family and friends who are visually impaired might be interested in learning to use this app so they can teach others to use it, too. Be My Eyes is an international organization with over 4 million volunteers worldwide. This dynamic organization utilizes monthly Zoom calls to identify specific needs of the visually impaired population. One of the newest areas of growth is specialized help from Microsoft. All that is needed to use this app is a smart phone with a camera feature. As a visually challenged individual, Pam Wyckoff has greatly benefited from this app herself and would highly recommend this exciting experience. **Class Leader: Pam Wyckoff**

DI. Drawing Is Easier Than You Think!

Wed. 10:00 to 12:00 – Oct 12 (one day only) in person at Western Pocono Community Library, 131 Pilgrim Way, Brodheadsville, PA. All you need is the desire to learn. Bring a favorite thing to draw from, e.g., a vase/ flower / stuffed animal. **Leader: Joanne Cervantes**

CH. Computing Help for Seniors

Wed. 10:00 to 12:00 – Oct 19 to Nov 16 in person. Fill out the **Computing Needs Inventory** on the last page of this course book. Class will cover the topics selected most. Learn at your own pace with study materials (online tutorials, videos, etc.) provided. The facilitator will be on hand to offer what assistance he can. Bring your own device to class (laptop, tablet, smartphone, iPad, etc.). You must be able to operate it. This is **NOT** a hardware repair class. **Facilitator: Greg Nulle Max: 8 per class session**

TG. The Genius of Mozart

Wed. 1:30 to 3:00 - Sept 14 to Oct 26 via Zoom. Mozart was one of the most prolific and lauded composers in the history of western music. We will follow this musical genius from his earliest days as a composer and performer to his death. Music for orchestra, piano, opera, and other instrumental and vocal compositions will be included. Both live and recorded music will be presented. **Leader: Betsy Buzzelli-Clarke**

GF. Golden Footlights: A New TOALC Theater Company!

Wed. 1:30 to 3:30 - Sept 14 to Nov 16 in person. Scene work, acting technique, drama games, theater arts, performance skills. No memorization required! Just plain fun for all ages & levels of experience with a possible performance for friends & family. Come join us! **Leader: Jan Julia**

MJ. Mah Jongg

Wed. 12:30 to 2:30 - Sept 14 to Nov 16 in person. A game of skill, strategy, and luck similar to Rummikub; played with a set of 144 tiles based on Chinese characters and symbols. Requires skills in tactics, observation, memory, and adaptive strategies. **Leader: Erika Cohen Max: 16**

GI. Global Issues

Wed. 1:30 to 3:30 – Sept 14 to Oct 12 in person. This robust group discussion, focused on global affairs (Foreign Policy Association *Great Decisions 2022*) and the impact on U.S. Foreign Policy, is ideal for political enthusiasts and the simply interested alike. The FPA is a private not-for-profit organization and is the oldest and largest grassroots educational program on world affairs. **Facilitator: Leslie Berger**

CE. Current Events

Wed. 1:30 to 3:30 – Oct 19 to Nov 16 in person. A group discussion on the global, national, state, and local news events of the past week. This is an exercise in civil discourse...CIVILITY IS KEY!! **Leader: Leslie Berger Max:15**

THURSDAY

HO. House of David: Rise and Fall of a Michigan Commune

Thurs 9:30 to 11:30 - Oct 6 (one day only) in person. A history of the group and the reasons for its demise, from personal experience. The speaker's father and family members were involved. The grandfather and uncle built the buildings. There was an amusement park. They had a baseball team that developed an excellent reputation on the American barnstorming circuit. They played regular major league, minor league, and Negro league games. **Presenter: Marilyn Schultz**

CB. Cranberry Bog Walk

Thurs. 10:00 to 12:00 – Nov 3 (one day only) in person.



Tamarack trees in their fall color

Experience the Tannersville Cranberry Bog in its autumn finery! The tamarack tree needles turn a striking yellow gold. Please wear appropriate footwear with good tread that are OK to get wet! **\$5/person due at event. Leader: Leslie Berger Max: 20**

IC. Italian Conversation

Thurs. 10:00 to 12:00 – Sept 15 to Nov 17 in person. Learn Italian language and grammar at a beginner's level through conversation. Explore some Italian food and culture. **Leader: Teresa Schembari**

BC. Book Club

Thurs. 10:00 to 12:00 - Sept 15 to Oct 13 via Zoom. We will discuss *Code Girls: The Untold Story of the American Women Code Breakers of World War II*. It is available in paperback and Kindle on Amazon for about \$11. The book is a "prodigiously researched and engrossing" (New York Times) book that "shines a light on a hidden chapter of American history" (Denver Post), "...well-researched, compellingly written..."(Kirkus Reviews). **Leader: Kathy Cleveland**

PT. Paddle Tobyhanna Lake and Picnic

Thurs. 10:00 to 2:00 Sept 15 (one day only) in person. Rent a single / tandem kayak, rowboat, or canoe and explore the beautiful 170-acre lake at Tobyhanna State Park. Or bring your own. Potluck cookout to follow. **Rentals: \$20 for up to 2 hours. Pay outfitter - accepts CASH ONLY. Facilitator: G Nulle**

JT. Jim Thorpe Packard Mansion & Victor Stabin Museum

Thurs 11:00 to 3:00 – Oct 20 (one day only) in person. Gather at Packer Mansion by 11:00 for a private tour of this beautiful Victorian home filled with priceless antiques. The tour lasts an hour. Reconvene at 1:00 for lunch at Café Arielle, within the Victor Stabin museum. We'll tour the museum after lunch and meet the artist Victor Stabin. He is often compared to Dr. Seuss, Salvador Dali, and M.C. Escher. His work is a world unto its own that defies description. Carpool from TOALC, leaving at 9:20. **Member cost is \$40 for tours, lunch and gratuities. Guests pay \$50. Mail your payment to TOALC by Oct 1. Facilitator: Greg Nulle**

KF. Knitting for Health and Fun - CANCELLED

Thurs. 11:00 to 1:00 – Oct 13 to Nov 10 in person. Knitting is popular again. Men and women of all ages knit to pass the time and to make beautiful items. Did you know that knitting is also used to relieve arthritis symptoms and slow cognitive decline? Come and learn to knit or continue an existing project. You will have fun and enjoy great company. If you have never knitted before bring a pair of #8 needles and a ball of cotton yarn. **Leader: Andrea Reiter**

PP. Penn's Peak Luncheon Matinee: "Elton Rohn" - The Premier Elton John Tribute Band

Thurs 11:30 to 3:00 - Sept 29 (one day only) in person at Penn's Peak. This was the only Elton John tribute band asked to play the Elton John convention in Las Vegas. Elton John's musical director called them the best 70's Elton John tribute band in the world. 11:30 doors open for luncheon seating. 12:00 lunch served. Show 1:00 – 3:00. **Cost: \$48 for members and \$58 for guests. Send check payable to TOALC to the TOALC office by September 15. Facilitator: Greg Nulle Max: 10**

EW. Easy Walks

Thurs. 1:00 to 3:00 - Sept 15 to Nov 17 in person. We will meet in the TOALC parking lot and visit public parks in Monroe County for exercise, socialization, good health practices. Birders welcome. All walking is flat or mostly flat on grass and gravel within the East Stroudsburg and Stroudsburg areas. **Leader: Patrick Shevlin Max: 20**

NY. New York Science Times

Thurs. 1:30 to 3 pm – Sept 15 to Nov 17 via Zoom. Keep up with the latest scientific breakthroughs as reported in the Tuesday Science Section of the Times. **Leader: Greg Nulle**

AM. American Music of WWII

Thurs. 1:30 to 3:00 – Oct 6 to Oct 13 in person. Come listen to popular American music of the WWII years. Enjoy some songs that might be old friends and discover some lesser-known gems. We will hear patriotic and inspirational tunes, novelty songs, ballads that may bring tears to your eyes, and snappy melodies designed to lift your spirits. **Leader: Eileen Porte**

DA. Drawing and Watercolors

Thurs. 1:30 to 3:30 – Sept 15 to Nov 17 in person. All levels are welcome. Set aside your art anxieties and come join the fun! Bring your own project if you like, regardless of medium. A materials list will be discussed at the first class. **Leader: Joanne Cervantes**

PR. Play Reading: Miracle on 34th St.

Thurs. 1:30 to 3:30 – Nov 17 (one day only) in person. A table reading of *Miracle on 34th St.* No need to memorize lines! Sign up for the class and we'll get back to you with role assignments and how to acquire a copy of the script and the cost. **Class leaders: Eileen Porte, Greg Nulle**

CL1. or CL2. Country Line Dancing

Thurs. 2:15 to 3:15 (CL1.) or 3:30 to 4:30 (CL2.) – Sept 15 to 29 in person. Come join the fun. Give country line dancing a try. No previous experience is necessary. Line dancing is done without a partner, and special footwear is not required. If you can count to four, you can country line dance! Please register for the class period (CL1. or CL2.) for which you can attend all sessions. They are identical except for the meeting times. Do not switch sessions, so that no session becomes overloaded. **Leader: Jill Malefyt Max at each session: 15**

FRIDAY

NW. Noir Western Film

Fri 9:30 to 12:00 - Nov 4 to Nov 11 in person. This two-week course will cover a brief explanation of the "Noir" Western, and its growth from juvenile cowboy fun to grim adult entertainment. Two examples of such nefarious western films will be "Blood on the Moon" and "Devil's Doorway." **Leader: Bob Brunet**

DC1. or DC2. Drum Circle

Fri. 10:00 - 11:00 (DC1.) or 1:00 to 2:00 (DC2.) – Sept 23 (both sessions are one day only). Try your hand at an adult drum circle and connect with others through the universal language of the drum. Drum supplied or BYO. Drumming may help accelerate physical and emotional healing, reduce stress, and bring a smile. Please attend only the session for which registered (either DC1. or DC2.) so that neither session becomes overloaded. The two sections are identical except for the meeting times. **Leader: Kenneth J. Meyer**
Max: 10 per session

IM. Instrumental Music Ensemble

Fri. 10:00 to 12:00 – Sep 16 to Nov 18 in person. This continuing ensemble meets weekly and performs at local senior residences, town functions, etc. New members with minimum experience performing on a musical instrument up to advanced level welcome! You must have your own musical instrument. **Leader: Don Bell**

RR. Remembering Ruth Duvall Crawford

Fri 10:00 to 12:00 – Oct 7 (one day only) in person. Ruth Crawford, who made an original contribution to gospel music in America, was an active (summer) resident in Stroudsburg from 1931 to 1986, As the wife of Percy Crawford and pianist-accompanist for his nationwide evangelistic ministry, she produced the music for hundreds of radio and television broadcasts. Locally, as the director of music at Pinebrook Bible Conference from 1933 to 1968, she coordinated the music for hundreds of camp meetings and concerts. The class will include original recordings of her arrangements and performance of piano and vocal music from the 1940s, 50s, and 60s.
Presenter: Dan Crawford

SL. Sharon Laverdure, Monroe County Commissioner

Fri. 10:00 to 12:00 – Oct 28 (one day only) in person. Sharon Laverdure, County Commissioner Chair, will speak on the general state of Monroe County and answer questions sent to TOALC at info@theoalc.org beforehand. **Facilitator: G. Nulle**

AA. Allentown Art Museum

Fri. 11:00 to 1:00 - Sept 23 (one day only) in person. The museum launches the newly renovated American galleries at the end of August. There will be so many new works to see as well as plenty of old favorites. It will be a whole new experience! Lunch after the tour at one of the many restaurants in walking distance. Cost is \$12 for seniors. Pay at the door. Carpool at 9:30 am to travel to the museum. **Facilitator: Greg Nulle**

TL. TOALC Luncheons

Fri 12:15 to 2:30 – Oct 7, Nov 4, Nov 11 in person. Great food and conversation over lunch with your TOALC friends. **Facilitator: Kathy Cleveland**

DC2. Drum Circle, afternoon session

Fri 1:00 to 2:00 – Sept 23. See: DC1 or DC2, on page 7.

CC. Christmas Cookie Baking

Fri. 1:00 to 4:00 – Nov 18 (one day only) in person. A Christmas tradition: Friends coming together to make their favorite Christmas cookies for their families. Bring your own supplies, ingredients, cookie sheets, etc. as well as your own cookie recipes to share. **Leader: Patrick Shevlin**
Max: 10

Friday Afternoon TOALC Author Talks

AS. Author Series (Photos in online coursebook)

Fri. 1:00 to 3:00 – Sept 16, Oct 21, and Nov 18 all via Zoom. Our popular series of authors talking about their books and the craft of writing. Series curated by Deborah Emin.

Sept 16: Donn Mitchell, 1 pm via Zoom.



Donn Mitchell

Donn Mitchell began his career as a newspaper reporter, eventually becoming a public interest activist on behalf of clean water, gay rights, and workers' rights. He also worked to promote these concerns within the Episcopal Church, later undertaking historical studies at the Episcopal seminary. Since that time, he has administered a program to develop theological education faculty and has taught at Manhattan College, Berkeley College, the General Theological Seminary, and Princeton Theological Seminary. He is the author of *Tread the City's Streets Again: Frances Perkins Shares Her Theology*.

Oct 21: Bill Vitek, 1 pm via Zoom.



Bill Vitek

Bill Vitek is Director of The New Perennials Project and New Perennials Publishing, and a Scholar in Residence at Middlebury College in Vermont. He taught philosophy for 32 years at Clarkson University, always with the objective of helping students understand that the philosophical imagination can, and must, do useful work in the world. Much of his work has engaged ecological issues, including collaborations with Wes Jackson and The Land Institute for over three decades. Vitek and Jackson co-edited two books, *Rooted in the Land: Essays on Community and Place* (1996) and *The Virtues of Ignorance: Complexity, Sustainability, and the Limits of Knowledge* (2008). He writes an occasional philosophy blog for Resilience.org, and founded and plays piano in The Jazz Collective in Middlebury, Vermont.

Nov 18: William Webster, 1 pm via Zoom.



William Webster

William Webster was born in Bennington, VT, and raised on the family farm in Petersburg, NY. He enjoyed a childhood of work and play, gentle nurture and family stability. His elementary education took place in a one-room school. His only teacher through 8th grade happened to be his aunt. He was a public school teacher in Milford, PA, for 30 years and raised three children: Billy, Anne, and Tim. His 2006 novel *One Year in the Life of Benjamin Thomas* has found an ever-expanding audience. Based on Jeffersonian principles, it appeals to people who yearn for a less hectic life and more of the joy of family, community, and nature. Currently Webster is completing a second book which will be a sequel to the first. His website: <http://www.wcwebster.com>.

SATURDAY

FH. Fall Hawk Watch

Sat. 8:00 to 12:00 – Sept 24, Oct 15, Nov 19. Stay as long as you wish and attend as many sessions as you wish. Autumn is a time when raptors (birds of prey) migrate from their northern breeding areas to their southern wintering grounds. Scott's Mountain Hawk Watch at Merrill Creek Reservoir (near Harmony, NJ) is an official hawk watching site along the Atlantic Flyway. Easy access to the observation site. Learn how to identify these magnificent birds. Different hawk species migrate during different months, so we would see a variety of hawks over this period. **Leader: Roxanne Kaiser-Antonowich**

LT. La Traviata Met Opera HD Live

Sat. 12:55 to 3:10 – Nov 5 (one day only) in person at Cinemark, Stroud Mall. Join fellow TOALC opera buffs in the lobby at **12:30**. Soprano Nadine Sierra stars as the self-sacrificing courtesan Violetta—one of opera's ultimate heroines—in Michael Mayer's vibrant production of Verdi's beloved tragedy. Running time: 3 hrs, 15 mins. RK Purchase tickets online or at Cinemark. Call 1-800-CINEMA (1-800-246-3627) for assistance. Tickets are refundable if cancelled before showtime. Tickets in past years cost \$23. **TOALC will not collect funds, issue tickets, or manage the event.**

SP. Shawnee Playhouse: Dracula

Sat. 2:00 to 6:00 – Oct 29 (one day only) in person at Shawnee Playhouse, 552 River Rd, Shawnee on Delaware, PA. Join us for a theater party to see **Dracula**. After the play, we'll gather at Gem & Keystone for drinks or a bit of supper. Synopsis: Lucy Seward, whose father is the doctor in charge of an English sanitorium, has been attacked by some mysterious illness. Dr. Van Helsing, a specialist, believes that the girl is the victim of a vampire, a sort of ghost that goes about at night sucking blood from its victims. The vampire is at last found to be a certain Count Dracula, whose ghost is finally laid to rest in a striking and novel manner. The play is intended for all who love thrills in the theater and is appropriate for all groups. Cost is \$16 for members, \$26 for guests. Send your check payable to TOALC to our office at 55 Smith St, East Stroudsburg, PA 18301.

Facilitator: Greg Nulle

LEADERS & PRESENTERS

Don Bell is a retired music teacher. He has performed with The Temptations, Four Tops, Frankie Avalon, Bobby Rydell, and Fabian. He is a Music Ministry member of The Light of The World Church and the director of our TOALC Music Ensemble.

Leslie Berger is an enthusiastic “newsophile”; formerly Loder Senior Center Manager, Activities Director @ Pocono Lutheran Village Assisted Living, and Program Director for the Monroe County Recreation & Parks Commission.

Bob Brunet is a student of film and has conducted film classes at TOALC for many years.

Betsy Buzzelli-Clarke is a retired faculty member from ESU’s music department. She is the founder and director of the Pocono Community Orchestra and a member of the trio Trillogy.

Joanne Cervantes has done drawing and watercolor for many years and is a graduate of the Pennsylvania Academy of Fine Arts.

Dr. Merlyn Clarke is Professor Emeritus, ESU Dept of Political Science.

Kathy Cleveland was a development engineer and computer application instructor for many years.

Erika Cohen hopes to inspire the love of Mah Jongg, a game that she has enjoyed since her teens.

Dr. Tim Connolly is Modern Languages/Philosophy/Religious Studies Dept. Co-Chair at ESU. His teaching and research center on ancient Greek philosophy and classical Chinese philosophy.

Dan Crawford was a professor of philosophy and religious studies at several Pennsylvania colleges before moving to the University of Nebraska-Lincoln in 1997 (retiring in 2018). His areas of interest are the history of religious thought, American Evangelicalism, and the interrelations between science and theology. Dan is the son of Ruth and Percy Crawford.

Deborah Emin is the author of the 4-volume **Scags Series**. All her work can be found on her website: DeborahEminBooks.com .

Hope Fisher, owner of Hope Yoga in Central New Jersey, loves to teach yoga to individuals of all ages, body types, and physical abilities to help them feel better in their bodies while bringing some stillness to their minds.

Eric Goins has a passion for digital photography and loves to share it with others.

Susan Houcek has been creating all kinds of things from fabric and thread since childhood.

Jan Julia is a theater lover and experienced director & teacher, in community theater and in schools from elementary to college level.

Roxanne Kaiser-Antonowich, Ed.D. is a biology and environmental science teacher with 45+ years experience.

Ken LeSure, Ph.D. is a retired psychology professor, writer, playwright, and outdoor enthusiast.

Jill Malefyt is a former teacher who enjoys sharing her interests with others.

Ken Meyer is a DJ and drummer and leads a monthly drum circle at Clymer Library.

Tom Mounkhal has a Ph.D. in World History from St. John’s University in NYC, and taught at the secondary, undergraduate and graduate levels for the past 50 years. He also has taught many senior classes at the Lifetime Learning Program at SUNY New Paltz.

Greg Nulle is TOALC Vice President and a retired computer programmer.

Eileen Porte discovered while searching for entertainment during the first Covid lockdown that 40s music is a lot more than just Glenn Miller or Benny Goodman and found some particularly interesting music she would like to share with TOALC.

Suzanne Pynch was an instrumental music teacher for more than 25 years and an opera lover for even longer. She has taught opera classes to adults in Queens and at TOALC.

Andrea Reiter loves to knit and generally can be found working on a knitting project.

Mel Rosenthal is a retired chiropractor, yoga instructor, Radical Forgiveness coach, dog rescuer, on his 2nd half of life spiritual path.

Teresa Schembari was born in Italy and is a native speaker of Italian.

Marilyn Schultz retired as a court-appointed guardian of adults in Michigan. She has a degree in education and loves history.

Melodie Schwarz-Higgins has a BA in Art and enjoys drawing/painting and many types of crafts.

For **Patrick Shevlin** horticulture has been a lifetime hobby.

Dr. James J. Vagliardo is a professor of Math and Computer Science; an educational consultant, writer, and researcher; an international traveler and lecturer; a soccer coach, avid hiker, and Tai Chi instructor who loves abstract art and jazz.

Diane Verdi is a professional dancer and an avid teacher of all ages.

Rev. Dr. Jeffrey Weber is the pastor of Reeders United Methodist Church and is retired from East Stroudsburg University.

Mike Wetmore exclaims, "Is it the fall? We must do Shakespeare!"

Pamela Wyckoff is a visually impaired Occupational Therapist, passionate about teaching adaptations to enable independent living.

Notice of Non-Discrimination

The Older Adult Learning Community (TOALC) does not discriminate on the basis of race, color, religion (creed), national origin, military status, gender, gender expression, marital status, sexual orientation, disability, or age in its programs and activities. For assistance or special accommodations, please call 570-422-7810.

TOALC OFFICERS AND ADVISORY BOARD MEMBERS

Officers

President: Jim Vagliardo
Vice President: Greg Nulle
Secretary: Bradford Day
Treasurer: Connie Hogan

Members

Gary Bickle
Kathy Cleveland
Maryfrances Kresge
Ken LeSure
Linda McMeekin
Eileen Porte
Patrick Shevlin
Thomas Van Moore

COVID-19 AND THE FALL SEMESTER

Currently, TOALC classrooms can be filled to 100% of their official capacity. We will continue to follow the latest COVID-19 situation. We reserve the right to cancel classes and events or reduce class sizes if prudence and health agency guidelines dictate. If you haven't already done so, we encourage TOALC members to be vaccinated and boosted.

Class leaders: Please be conscientious in keeping accurate attendance records. Students: Please be sure to sign in to class and let TOALC know if you signed up for a class but are not on the roster.

Class leaders and members: Stay home if you have any symptoms. Please notify the office if you are exposed to or have COVID-19 so classmates can be alerted.

In-person classes meet indoors at TOALC unless otherwise indicated.

NEW FULL-YEAR MEMBERSHIP OPTION

Starting this fall, you can buy your membership for a full year if you wish. Why do so if it comes with no discount? The benefit is to TOALC, making our finances more predictable and our planning simpler. It is your way to show your continuing commitment to our mission and it is consistent with the member support plans of most not-for-profit organizations.

THE TOALC POLICY ON MEMBERSHIP REFUNDS AND CREDITS

As stated on Page 2, TOALC will refund your membership payment on demand if you change your mind and decide not to register for any classes this semester. You will also get a refund if, for any reason, you attended none of the classes for which you registered. Partial attendance of any class will make you ineligible for a refund. Perhaps your classes were cancelled, or you remained on the waitlist. If we can't find any evidence that you attended classes that semester, we'll give you your money back. If you have prepaid on future semesters through the "Full-Year Membership" option, let us know if you want your money back just on the current semester or on all paid-up future semesters as well.

If you prefer, we will issue the refund in the form of a credit by extending your membership expiration.

CREDIT CARD DISPUTES

TOALC may receive a chargeback demand from credit issuers when a customer claims that he or she did not make a purchase or was charged more than once. This may occur because someone doesn't recognize the transaction on the credit card statement. Starting this fall, all membership transactions should be clearly labeled as TOALC-related on your credit statement. If they are not, please let us know.

A member may overpay, having forgotten they paid for a full year the previous semester, and then making a payment for an upcoming semester. Contact us first if you are unsure of your member status.

To preserve TOALC's reputation and retain the privilege of using our web platform's payment system, **we must dispute all chargeback claims.** Before you contact your credit card company, please work with us to resolve these matters. We will refund any inadvertent overpayments. We will even refund you if you decide not to attend TOALC. But we are not allowed to make any payment adjustments while a chargeback claim is under dispute with your credit card company.

TOALC RETURNS TO THE "WEST END"

TOALC offered an art class at the Western Pocono Community Library in Brodheadsville for many years. We're back this fall with three classes at the library. These classes will not be offered at any other location this semester. Feel free to attend, whatever your corner of the county. But if you do live near the library, please talk up our new presence at the library with your friends and neighbors.

We are delighted to renew our association with a fine library and its staff. We hope this will help more people to discover what TOALC has to offer.

SPACE FOR YOUR NOTES

Computing Needs Inventory (for those registering for CH. Computing Help for Seniors)

Your name (if this is not attached to the registration form): _____

Your computing device _____ (The more specific you can be the better.)

Check all the topics of importance to you. Use a "1" to indicate those of most importance to you.

Computers in General: How to buy one Components Printing Backup Security

Internet: What is it Affordable access Connecting Wi-Fi The Cloud

Basic Computer Skills: Using mouse/keyboard Word processing Finding/saving files

Other skills (specify): _____

Internet Skills: Search Evaluating results Bookmarking Online shopping Job search

Networking Staying safe Other: Please specify issue or search topic _____

Email: Creating email accounts Sending/receiving mail and files Dealing with spam

Messaging: Please specify tool of interest or concern: _____

Zoom: Attending Hosting

Social media: How to use (specify product name): _____

Mobile devices: Basics for (Specify Android/iPad/iPhone): _____ Selecting apps

Photo/image editing: (Please specify products or apps of interest) _____

YouTube:

Help with specific computer product or app not mentioned (specify name) _____